

NAME:

APARTMENT/COTTAGE NUMBER:

CALL (210) 646-5377 IF YOU WANT YOUR FOOD DELIVERED TO YOUR APARTMENT OR COTTAGE

PLEASE PLACE CHECK MARK IN BOX FOR YOUR PREFERRED SELECTION

*** MENUS NEED TO BE TURNED IN EVERY WEEK BY WEDNESDAY AT 1:00PM**

BREAKFAST HOURS: 7:00AM TO 8:30AM

BOTH LUNCH AND DINNER WILL NEED TO BE PICKED UP BETWEEN THE HOURS OF 11:00AM TO 1:00PM

THURSDAY 3/26/2020	FRIDAY 3/27/2020	SATURDAY 3/28/2020	SUNDAY 3/29/2020	MONDAY 3/30/2020	TUESDAY 3/31/2020	WEDNESDAY 4/1/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE
COLD CEREAL AND FRUIT CUP	COLD CEREAL AND FRUIT CUP	COLD CEREAL AND FRUIT CUP	OMELETTE SAUSAGE PATTIES, MINI DANISH	OMELETTE SAUSAGE PATTIES, MINI DANISH	OMELETTE SAUSAGE PATTIES, MINI DANISH	OMELETTE SAUSAGE PATTIES, MINI DANISH
<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO
SCRAMBLED EGGS BACON AND SAUSAGE AND BREAKFAST POTATOES	SCRAMBLED EGGS BACON AND SAUSAGE AND BREAKFAST POTATOES	SCRAMBLED EGGS BACON AND SAUSAGE AND BREAKFAST POTATOES	MINI PANCAKES OATMEAL, YOGURT	MINI PANCAKES OATMEAL, YOGURT	MINI PANCAKES OATMEAL, YOGURT	MINI PANCAKES OATMEAL, YOGURT
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE
CHICKEN CAESAR WRAP MANHATTAN CLAM CHOWDER, FRUIT AND CHIPS	CRISPY FISH SANDWICH BEEF CHILI WITH CORNBREAD, FRUIT AND CHIPS	TURKEY SANWICH WITH CRANBERRY MAYO MUSHROOM AND BARLEY SOUP, FRUIT AND CHIPS	ITALIAN SUB SANDWICH ITALIAN WEDDING SOUP, FRUIT AND CHIPS	HAM AND CHEESE SANDWICH MENSTRONE SOUP, FRUIT AND CHIPS	CHICKEN CAESAR SALAD BLACK BEAN SOUP, FRUIT AND CHIPS	CHEF SALAD CHICKEN NOODLE SOUP, FRUIT AND CHIPS
<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO
BRATWURST WITH CARAMLIZED ONION TOSSED SALAD, SCALLOPED POTATOES, BUTTERED CARROTS AND DESSERT	BBQ CHICKEN QUARTERS TOSSED SALAD, RANCH BEANS, CREAMED CORN AND DESSERT	CHICKEN ALDOBO TOSSED SALAD, WHITE RICE, YELLOW SQUASH WITH RED PEPPERS AND DESSERT	BEEF LASAGNA CAESAR SALAD, CARROTS AND DESSERT	CHICKEN FRIED CHICKEN CAESAR SALAD, MASHED POTATOES, BUTTERED CORN AND DESSERT	STUFFED BELL PEPPER CAESAR SALAD, MACARONI AND CHEESE AND DESSERT	TERIYAKI SALMON CAESAR SALAD, RICE PILAF, BROCCOLI AND DESSERT
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE	<input type="checkbox"/> OPTION ONE
CHICKEN CAESAR WRAP MANHATTAN CLAM CHOWDER, FRUIT AND CHIPS	CRISPY FISH SANDWICH BEEF CHILI WITH CORNBREAD, FRUIT AND CHIPS	TURKEY SANWICH WITH CRANBERRY MAYO MUSHROOM AND BARLEY SOUP, FRUIT AND CHIPS	ITALIAN SUB SANDWICH ITALIAN WEDDING SOUP, FRUIT AND CHIPS	HAM AND CHEESE SANDWICH MENSTRONE SOUP, FRUIT AND CHIPS	CHICKEN CAESAR SALAD BLACK BEAN SOUP, FRUIT AND CHIPS	CHEF SALAD CHICKEN NOODLE SOUP, FRUIT AND CHIPS
<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO	<input type="checkbox"/> OPTION TWO
BRATWURST WITH CARAMLIZED ONION TOSSED SALAD, SCALLOPED POTATOES, BUTTERED CARROTS AND DESSERT	BBQ CHICKEN QUARTERS TOSSED SALAD, RANCH BEANS, CREAMED CORN AND DESSERT	CHICKEN ALDOBO TOSSED SALAD, WHITE RICE, YELLOW SQUASH WITH RED PEPPERS AND DESSERT	BEEF LASAGNA CAESAR SALAD, CARROTS AND DESSERT	CHICKEN FRIED CHICKEN CAESAR SALAD, MASHED POTATOES, BUTTERED CORN AND DESSERT	STUFFED BELL PEPPER CAESAR SALAD, MACARONI AND CHEESE AND DESSERT	TERIYAKI SALMON CAESAR SALAD, RICE PILAF, BROCCOLI AND DESSERT

RESIDENT LOUNGE
MCHENRY, LUNDYS LANE,
QUEBEC AND PENINSULA

MAIN DINING ROOM
CHURUBUSCO, BANNOCKS
AND TARLAC

FLOOR LOBBY
HIGH RISE APARTMENTS

LAKESIDE LOBBY
ANTIETAM,
MONMOUTH AND
ARDENNES

PLEASE SEE TURN OVER FOR HEATING STRUCTIONS

22 MARCH- 28 MARCH	CALL (210) 646-5377 IF YOU WANT YOUR FOOD DELIVERED TO YOUR APARTMENT OR COTTAGE					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3/22/2020	3/23/2020	3/24/2020	3/25/2020	3/26/2020	3/27/2020	3/28/2020
BREAKFAST						
OPTION ONE						
COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL
FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP
OPTION TWO						
SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE
BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES
LUNCH AN DINNER						
OPTION ONE						
FRENCH ONION SOUP	CREAM OF TURKEY SOUP	BEEF VEGETABLE SOUP	CHICKEN RICE SOUP	MANHATTAN CLAM CHOWDER	BEEF CHILI WITH CORNBREAD	MUSHROOM AND BARLEY SOUP
CLUB SANDWICH	HOT HAM AND CHEESE SANDWICH	PORK SANDWICH	CHICKEN SALAD SANDWICH	CHICKEN CAESAR WRAP	CRISPY FISH SANDWICH	TURKEY SANDWICH WITH CRANBERRY MAYO
FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS
OPTION TWO						
TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD
SMOKED PRIME RIB	CHICKEN POT PIE	CHICKEN PARMESAN	BRAISED BEEF TIPS	BRATWURST WITH CARAMELIZED ONION	BBQ CHICKEN QUARTERS	CHICKEN ADOBO
YUKON GOLD POTATOES	BUTTERED ORZO	SPAGHETTI	RICE PILAF	SCALLOPED POTATOES	RANCH BEANS	WHITE RICE
GARLIC GREEN BEANS	PARMESAN TOMATOES	BROCCOLI AU GRATIN	CREAMED SPINACH	BUTTERED CARROTS	CREAMED CORN	YELLOW SQUASH WITH RED PEPPERS
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
TIMES AND DESIGNATED AREA						
BREAKFAST	LUNCH	DINNER				
7:00AM TO 8:30AM	10:45AM TO 12:00PM	4:45PM TO 5:30PM				
MCHENRY, LUNDYS LANE, QUEBEC AND PENINSULA	CHURUBUSCO, BANNOCKS AND TARLAC	HIGH RISE APARTMENTS	ANTIETAM, MONMOUTH AND ARDENNES			
PLEASE GO TO RESIDENT LOUNGE TO PICK UP YOUR MEAL	PLEASE PICK UP YOUR MEAL IN THE MAIN DINING ROOM NEAR THE COVERED PARKING AREA	PLEASE PICK UP YOUR MEAL IN YOUR FLOOR LOBBY	PLEASE PICK UP YOUR MEAL IN THE LAKESIDE LOBBY			