

15 March- 21 March	CALL (210) 646-5377 IF YOU WANT YOUR FOOD DELIVERED TO YOUR APARTMENT OR COTTAGE					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			3/18/2020	3/19/2020	3/20/2020	3/21/2020
BREAKFAST						
OPTION ONE						
			COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL
			FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP
OPTION TWO						
			SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
			BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE
			BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES
LUNCH AN DINNER						
OPTION ONE						
			TURKEY RICE SOUP	BROCCOLI & CHEESE SOUP	COLLARD GREEN PEA SOUP	BEEF ORZO SOUP
			TURKEY BLT	BEEF QUESADILLA	HAMBURGER WITH TRIMMINGS	TUNA MELT
			FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS
OPTION TWO						
			AMBROSIA SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD
			CHICKEN FRIED STEAK WITH COUNTRY GRAVY	TERIYAKI CHICKEN	SEARED WHITEFISH	CORNER BEEF
			MASHED POTATOES	BROWN RICE	TATOR TOTS	DIJON ROASTED POTATOES
			FRESH GREEN BEANS	ROASTED MUSHROOMS	PEAS AND CORN	STEAMED CABBAGE
			DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
TIMES AND DESIGNATED AREA						
BREAKFAST	LUNCH	DINNER				
7:00AM TO 8:30AM	10:45AM TO 12:30PM	4:45PM TO 5:30PM				
MCHENRY, LUNDYS LANE, QUEBEC AND PENINSULA	CHURUBUSCO, BANNOCKS AND TARLAC	HIGH RISE APARTMENTS	ANTIETAM, MONMOUTH AND ARDENNES			
PLEASE GO TO RESIDENT LOUNGE TO PICK UP YOUR MEAL	PLEASE PICK UP YOUR MEAL IN THE MAIN DINING ROOM NEAR THE COVERED PARKING AREA	PLEASE PICK UP YOUR MEAL IN YOUR FLOOR LOBBY	PLEASE PICK UP YOUR MEAL IN THE LAKESIDE LOBBY			

22 MARCH- 28 MARCH	CALL (210) 646-5377 IF YOU WANT YOUR FOOD DELIVERED TO YOUR APARTMENT OR COTTAGE					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3/22/2020	3/23/2020	3/24/2020	3/25/2020	3/26/2020	3/27/2020	3/28/2020
BREAKFAST						
OPTION ONE						
COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL	COLD CEREAL
FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP	FRUIT CUP
OPTION TWO						
SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE	BACON AND SAUSAGE
BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES	BREAKFAST POTATOES
LUNCH AN DINNER						
OPTION ONE						
FRENCH ONION SOUP	CREAM OF TURKEY SOUP	BEEF VEGETABLE SOUP	CHICKEN RICE SOUP	MANHATTAN CLAM CHOWDER	BEEF CHILI WITH CORNBREAD	MUSHROOM AND BARLEY SOUP
CLUB SANDWICH	HOT HAM AND CHEESE SANDWICH	PORK SANDWICH	CHICKEN SALAD SANDWICH	CHICKEN CAESAR WRAP	CRISPY FISH SANDWICH	TURKEY SANDWICH WITH CRANBERRY MAYO
FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS	FRUIT AND CHIPS
OPTION TWO						
TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	TOSSED SALAD
SMOKED PRIME RIB	CHICKEN POT PIE	CHICKEN PARMESAN	BRAISED BEEF TIPS	BRATWURST WITH CAMELIZED ONION	BBQ CHICKEN QUARTERS	CHICKEN ADOBO
YUKON GOLD POTATOES	BUTTERED ORZO	SPAGHETTI	RICE PILAF	SCALLOPED POTATOES	RANCH BEANS	WHITE RICE
GARLIC GREEN BEANS	PARMESAN TOMATOES	BROCCOLI AU GRATIN	CREAMED SPINACH	BUTTERED CARROTS	CREAMED CORN	YELLOW SQUASH WITH RED PEPPERS
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
TIMES AND DESIGNATED AREA						
BREAKFAST	LUNCH	DINNER				
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