

*ABC Family Medicine, PA
Treating You Like Family*

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*To the ARC Community,
I want to tell you how impressed I have been by the Community's response to this
Pandemic. You **ALL** have been diligent about wearing masks and social distancing
and thus far we have not had any issues at the ARC.*

*Unfortunately, we have not seen the same attention in the communities outside the
ARC. We are currently seeing increased numbers of cases and hospitalizations in
San Antonio, Texas and the rest of the country and world.*

*So, I want to again remind everyone how important it is to keep practicing the
things that we know will help protect you all from getting ill. Wearing masks has
demonstrated to be effective in reducing transmission of the virus to others around
you. Remember, you are wearing the mask to protect others and they are wearing
theirs to protect you. **One for all and all for one!***

*Also, keep washing those hands and social distancing. This also helps to
dramatically reduce the risk of transmission.*

*I know everyone wants to get out and see their loved ones, but we have to be
careful. You represent one of the highest risk groups due to your "**Maturity**".
Many of you have known separation from loved ones for long periods of
deployment in the service to our country. Think of this as one of those **TIMES** and
know that it too will eventually come to an end and you can all be united again.*

*The good news I can share is there is tremendous work being done to find a
vaccine that will protect us all. So, a little patience and we will all get through this
and live to talk about it with our loved ones.*

Yours,



*Douglas S. Denham, DO
Medical Director ARC*