



ARC COVID-19 Visitation Policy for Independent Living Residents

Policy:

This policy defines the guidance under which visitors may visit Independent Living residents at The Army Residence Community (ARC). Designed to ensure the safety and well-being of residents as well their visiting family members and/or friends, the guidelines follow recommendations for curtailing the spread of COVID-19 as set forth by the Centers for Disease Control and Prevention (CDC) and our local Health Department and state agencies.

Community Guidance:

The ARC will follow guidance provided by the local Health Department and the Centers for Disease Control and Prevention (CDC). Policies and procedures are subject to change based on executive order and/or the needs of the residents and staff of the ARC. The ARC will provide as much notice as is possible when changes/updates occur.

Visitation Guidelines:

- Residents may have no more than two (2) visitors at a time, with a maximum of four (4) visitors per day.
- All visitors must enter and exit the community through the designated front entrance and must comply with the ARC's screening protocol. Visitors are not allowed to enter through private patios or exit doors.
- Visitors will be screened and symptom-checked at the connex and must comply with the screening protocol. **A visitor who meets any of the following screening criteria must leave the ARC property and visit when they are symptom-free:**
 - Fever defined as a temperature of 99.6 Fahrenheit and above, or signs or symptoms of a respiratory infection, such as cough, shortness of breath, or sore throat;
 - signs or symptoms of COVID-19, including chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea;
 - additional signs and symptoms as outlined by the Centers for Disease Control and Prevention (CDC) in Symptoms of Coronavirus at [cdc.gov](https://www.cdc.gov);
 - contact in the last 14 days with someone who has a confirmed diagnosis of COVID-19, is under investigation for COVID-19, or is ill with a respiratory illness; or
 - has a positive COVID-19 test result from a test performed in the last 14 days.
- Visitors who pass the screening will be granted entry into the community, providing they wear a mask or face covering over both the mouth and nose and perform proper hand hygiene upon entrance.



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- All visitors and residents must practice social-distancing, remaining at least 6 feet apart during the visit.
- Visitors will refrain from visiting with residents other than the resident they have come to visit.
- Visitors will go directly to the residence of the resident they are wanting to visit and refrain from walking around other areas of the community.
- Visitors are not allowed in the Main Dining Room, Bistro, Water's Edge, Wellness Center, Lakeside Landing or other common areas at this time.
- Visitors may not participate in any group activities with other residents.
- Guest rooms are not available until further notice.

Visitation Days / Hours:

- Visitors must contact Resident Services between the hours of 7:30 a.m. – 4:30 p.m., 24 hours in advance (excluding weekends) to be added to the *Approved to Enter* list.
- Visitation will be allowed weekdays, from 9:00 a.m. to 6:00 p.m. provided the visitor called 24 hours in advance to be added to the *Approved to Enter* list.
- Visitation times are subject to change as determined by Resident Services.

Notifications:

- If at any time the community experiences an infection of COVID-19, the community will follow appropriate reporting guidelines for testing and interventions which may include, but are not limited to, halting visitation.

Communication:

As the ARC continues to respond to the evolving challenges of the pandemic, Resident Services will remain in communication with residents, resident representatives, and families. The ARC's goal is to continue to protect our residents and staff along with reuniting loved ones in support of providing social and emotional advocacy and engagement in the safest environment possible.

Resident Services will communicate procedure implementation and changes in Independent Living by the following means:

- Resident Updates
- Resident Portal
- CIC Channel

Resident Preparation:

1. Information will be provided to the resident about visitation protocols and requirements.
2. The resident will be advised, per community guidelines, to wear a facemask at all times while out of the resident's unit.
3. The resident will follow hand hygiene protocols.



4. If the resident is ill, has symptoms consistent with COVID-19, or has tested positive for COVID-19, they will not be able to participate in visitation.
5. The resident will be encouraged to follow infection control practices during visitation.

Visitor Preparation:

1. Visitor(s) will be required to provide and wear a facemask or appropriate face covering for visitation, and it must be worn at all times covering both the mouth and nose.
2. Information will be provided to the visitor about visitation protocols, procedures, requirements and use of personal protective equipment (PPE) while checking in at the connex.
3. Visitor(s) must follow hand hygiene protocols with handwashing and/or alcohol gel before and after the visit.
4. High Rise Visitor(s) will enter and exit at the designated front entrance of the High Rise.
5. Visitor(s) will report to Resident Services if they experience any COVID-19 symptoms prior to a visit, and/or two weeks (14 days) following the day of the visit. Visitor will be provided a reminder to monitor for symptoms and will receive guidance as to whom to report an onset of any symptoms.
6. A visitor(s) who does not meet screening protocols will ***not*** be permitted to attend the visit.
7. Visitor(s) must provide a negative COVID-19 test result from a test that has been performed within 24-48 hours prior to visiting the Resident (the negative COVID-19 test will be valid for 14 days) when checking in at the connex.
8. Visitor(s) will be advised that failure to comply with visitation instruction and guidance will result in the inability to visit.

Community Staff Preparation:

1. Staff will inform the visitor of applicable policies, procedures and requirements.
2. Staff will log visitor information in the Visitor Log, which will include visitor name, resident name, presence or absence of symptoms, check-in time. (Note: this log is not for vendors.)
3. Staff will approve the visitor's facemask and other appropriate PPE upon entrance.
4. Staff members will wear a facemask at all times.
5. Staff will encourage the resident and the visitor to wash their hands and/or use alcohol-based gel prior to and after the visit.